

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 AM- MASS	2 9:30 AM- BOOK MOBILE NO EXERCISE TODAY 10:00 AM MENUS 12:30 PM- ROSARY 3:15 PM GAMES AND MENUS KRISTIN/ KAREN HAS THE DAY OFF	3 10:15 AM – YOGA 12:30 PM – ROSARY 1:30 PM – DOMINOES WITH FATHER 1:30 PM- BIBLE STUDY FOR SISTERS WITH SR. GEOGETTE 3:20 PM- WALK ABOUT	4 9:00 AM – MASS 10:45 AM – EXERCISE 1:30 PM – POETRY CLUB 2:30 PM- WELLNESS CLINIC KAREN (Feast of St. Francis)	5 9:30 AM – EXERCISE 10:15 AM – MANI OR FACIALS 12:30 PM – ROSARY 1:30 PM – BINGO KRISTIN <small>Sukkot</small>	6 9:30 AM – EXERCISE 10:30 AM – BAKING 10:45 AM – MASS 12:30 PM – ROSARY 1:30 PM – CRAFTS KRISTIN	7 1:45 PM – ACTIVITY WITH ELAINE 4:00 PM - MASS
8 9:00 AM- MASS	9 9:30 AM- EXERCISE 10:15 AM – MANICURE 12:30 PM – ROSARY 1:30 PM – MENUS & PUZZLES 3:30 PM – BIBLE STUDY <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	10 10:15 AM – YOGA 12:30 PM – ROSARY 1:30 PM – DOMINOES WITH FATHER 3:20 PM – WALK – A – BOUT KAREN	11 9:30 AM- EXERCISE 10:00 AM – SING- A- LONG 10:45 AM – MASS 1:30 PM- CRAFT OR BAKE 1:30 PM- SISTERS BIBLE STUDY	12 9:30 AM – EXERCISE 10:15 AM – MANI OR FACIALS 12:30 PM – ROSARY 1:30 PM – BINGO KRISTIN	13 9:30 AM- EXERCISE 10:30 AM – MANICURE 10:45 AM – MASS 12:30 PM – ROSARY 1:30 PM - GAMES KRISTIN	14 1:45 PM – ACTIVITY WITH ELAINE 4:00 PM - MASS
15 9:00 AM- MASS	16 9:30 AM- EXERCISE 10:15 AM – MANICURE 12:30 PM – ROSARY 1:30 PM – MENUS & PUZZLES 3:30 PM – BIBLE STUDY KAREN	17 10:15 AM – YOGA 12:30 PM – ROSARY 1:30 PM – DOMINOES WITH FATHER 3:20 PM – WALK – A – BOUT KAREN	18 9:30 AM- EXERCISE 10:00 AM – SING- A- LONG 10:45 AM – MASS 1:30 PM- CRAFT OR BAKE 1:30 PM- SISTERS BIBLE STUDY	19 9:30 AM – EXERCISE 10:15 AM – MANI OR FACIALS 12:30 PM – ROSARY 1:30 PM – BINGO KRISTIN	20 9:30 AM – EXERCISE 10:30 AM – CRAFT PREP 10:45 AM- MASS 12:30 PM – ROSARY 1:15 PM – OCT BIRTHDAY W/ THE SPEEZ-ACTS KRISTIN	21 1:45 PM – ACTIVITY WITH ELAINE 4:00 PM - MASS
22 9:00 AM- MASS	23 9:30 AM- EXERCISE 10:15 AM – MANICURE 12:30 PM – ROSARY 1:30 PM – MENUS & PUZZLES 3:30 PM – BIBLE STUDY KAREN	24 10:15 AM – YOGA 12:30 PM – ROSARY 1:30 PM – DOMINOES WITH FATHER 3:20 PM – WALK – A – BOUT KAREN	25 9:30 AM- EXERCISE 10:00 AM – SING- A- LONG 10:45 AM – MASS 1:30 PM- CRAFT OR BAKE 1:30 PM – SISTERS BIBLE STUDY	26 9:30 AM – EXERCISE 10:15 AM – MANI OR FACIALS 12:30 PM – ROSARY 1:30 PM – HALOWEEN BINGO PARTY KRISTIN	27 9:30 AM – EXERCISE 10:30 AM- MANICURES 10:45 AM – MASS 12:30 PM- ROSARY 1:30 PM- SHOW AND TELL BRING WEDDING PICTURES/ FAMILY PHOTOS (BOTH SIDES) SR. DINING ROOM	28 1:45 PM – ACTIVITY WITH ELAINE 4:00 PM - MASS
29 9:00 AM- MASS	30 9:30 AM- EXERCISE 10:15 AM – MANICURE 12:30 PM – ROSARY 1:30 PM – MENUS & PUZZLES 3:30 PM – BIBLE STUDY KAREN	31 10:25 AM – HALLOWEEN VISIT 12:30 PM – ROSARY 1:30 PM –PRESCHOOL VISITS & DOMINOES WITH FATHER 3:20 PM – WALK – A – BOUT KAREN <small>Halloween</small>	<h1>October 2017</h1> <h2>ANTONIA HALL</h2>			

ALL ACTIVITIES SUBJECT TO CHANGE/ BEAUTY SHOP OPEN WEDNESDAYS